

Charlie Normile's Turkey Trot Sandbridge 2025

IMPORTANT DETAILS

The Turkey Trot will take place Thanksgiving morning, at the corner of Sandbridge Road and Sandfiddler Road at the Sandbridge Island restaurant with a 9am start.

We, the parents, and brothers and sisters of Charlie and James Normile, thank you for joining us. We can't WAIT to trot with our town.

THINGS TO KNOW BEFORE WE TROT:

TROT SWAP: We encourage and thank anyone who wishes to donate a random gift for another Turkey Trot person. You can gift ANYTHING you wish... a baked good, a gift reflecting your hometown or skill, or something funny or encouraging. These will be distributed during the event to random people. Last year was a huge success and had a few "what a small world" or "just what I needed at this time in my life" moments. **If you wish to gift a random trotter, just include a message and your name with the item(s) and drop the item(s) off at the Packet Pick Up or at the event packet pick up.**

THEME: This year the trot theme is "A Sandbridge Shell-abration: A Coastal Holiday" ... So, we encourage you to wear any coastal, beach, crabs, fishing or holiday attire or ALL of it.

JOY GIFTS: Our family has been shopping! Charlie's brother and sister will be rewarding people who show the holiday spirit in their attire, costume, or family fun... YES! You can be rewarded for simply being caught having a laugh or enjoying the moment.

TROT SWAP AND RANDOM GIFTS OF JOY: The trot swap and gifts from Charlie's family will be distributed as we walk the mile. We ask that everyone join us for a walk and talk during the mile fun run/canine crawl. Whether you ran the 5k or not, whether you registered for the event or not, please join us in walking the mile. Be present, enjoy the good day, take photos, catch up in conversation with a friend or relation. This is what the day and event try to encourage. Pause and enjoy the moments.... And maybe win a gift while you do 😊

SEAS AND GREETINGS: The Turkey Trotters will gift the village of Sandbridge with their first official outdoor Christmas tree in gratitude for being our home since the start. The Barringer family and their Beach Window friends made the tree possible with their longstanding sponsorship of the Turkey Trot. The Parker family and their Rudee Inlet Jetski crew have made the coastal tree ornaments possible through their constant partnership. This 15 foot pre-lit tree will be at the Sandbridge Rescue lawn across from Sandbridge Market. Be sure to visit it or leave an ornament from your family!

EVENT DETAILS:

(For those who are 21 years or older, Mark and Elaine McConnell, owners of Sandbridge Island restaurant, will provide 2 beers with your race number. Full bar options are available for payment.)

Packet Pickup: Wednesday, November 26 at Lagomar Pizza, Sandbridge Road. 2-5pm.

You can call 757-721-2500 to order pizza in advance or order when you come and get 10% discount. Mention Turkey Trot.

YES! You can pick up packets for as many people as you wish. We prefer packets are picked up here.

YES! You can register for the event at the packet pick up and or at the event but, **plan on arriving early.**

Packets CAN be picked up at the event on Thanksgiving morning but, please plan on arriving early.

PLEASE PLAN TO ARRIVE AT THE TURKEY TROT THANKGIVING BY 8:30-8:45am. Announcements and greetings will start promptly at 9am.

Event Details:

- Announcements and greetings will begin promptly at 9am
- **The first event is the Gobble Wobble** immediately after greetings. PLEASE KEEP THE STARTING LINE AND ROAD SOUTH OF IT CLEAR FOR THE GOBBLE WOBBLERS!
 - *Parents: Take the photos, run with them if needed, we will provide time for you to join the 5k crowd after they Wobble.
 - * Gobble Wobble Fans: You can watch the event from the sand dunes; we'll provide time for you to join the 5k crowd after.
- **The timed 5k will begin after the Gobble Wobble.** VERY IMPORTANT! For those experienced timed runners, please position yourselves towards the starting line. Your race time will NOT begin until you cross the starting line so position yourself well.
- **VERY IMPORTANT: No strollers or people who will walk, run with a dog, or fun jog should be near the starting line.** These results are certified, and we want the competitive trotters to earn their best time.
- **The Mile Fun Run/Canine Crawl/Walk and Talk:** Will begin 45 minutes after the 5k, approximately 10am.

For those running the mile, please line up at the starting line at approximately 10am. LISTEN FOR ANNOUNCEMENTS. Once your run has begun... we will walk behind you.

ALL OF US.

Whether you registered for the mile, 5k, or just stopped by to cheer, we ask you to walk with us.... Walk a mile to just be present, slow down, and enjoy the moment... Today is the youngest we will ever be again. Take photos, walk the walk.

All fun prizes will be distributed to those participating in the mile as we walk and jog with you.

All timed 5k prizes will be distributed AFTER the mile. at 10:20am approximately